



# *Kaylene Ledger*

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Kaylene Ledger is a Holistic Life and Communication Coach and author. Kaylene works with entrepreneurs and leaders from around the world to overcome their fear of speaking and accelerate their career. Kaylene says “You don’t need to fear speaking; speaking is a learned skill and you can master it.”

In 2003, Kaylene made the life-changing decision to face her fear of speaking. Fear of speaking used to consume her, but now with hundreds of speaking opportunities under her belt, she is a motivational speaker who inspires others through her stories. Kaylene shares tips and tools to speak with confidence in her book “Speaking, It’s NOT Worse Than Death”.

Kaylene believes that when our actions match our values, we find our true path. In 2019, she decided to close the door on her 26 years career in the Australian Public Service to be a full-time coach, author and live her true path.

Kaylene sees a world where fear does not hold us back. A world where we share our stories and lessons to support others. A world where communication brings us together.