



Michele Francesca Cohen

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Introduction

I have been privileged to inspire multiple thousands around the globe over the last four decades, and things are just getting started! These contributions to humanity have spanned thirty nations, touching numerous people-groups, age levels, and sectors of society.

My Focus: Empowering Others To Realize Their Potential

- I believe a key to unlocking human potential is empowering people to feel seen, welcomed, honored, and celebrated - to feel safe to explore their craft and their personhood and shine their light to the brightest degree.
- By God's grace, this has been the hallmark of my life's work in all fields. Through gracious affirmation and careful instruction, my goal is to continually create environments of honor and acceptance where my students, readers, or multimedia audiences can realize their identity and potential, develop relevant skills, build unshakable confidence, and soar to new heights.

Arts & Theatre

- After retiring from the British National Gymnastics Team in my mid-teens, I embarked on a career in the world of film and theater arts (both in London's West End and the USA), coaching professionals and layfolk of all ages.
- As a director, writer, choreographer, and performer, and as a teacher at one of Britain's most reputable performing arts colleges, I have had the privilege of positively influencing many, including casts of hundreds in high budget productions, students (young and old) in upper level training facilities, live annual audiences of 40,000 plus and millions via television broadcasting.
- Among the testimonies of those I have worked with, most speak of experiencing a transformational awakening regarding their sense of value and worth, as well as increased confidence and inner security.

Speaking (Local, National, and Global)

This God-given gift to enhance people's understanding of their identity and potential has flourished with even greater success in the worlds of ministry, writing, and authorship.

- Since the mid-1990s, I have had the joy of teaching and encouraging people all around the world, speaking at conferences, church gatherings, seminars, workshops, and on radio/television broadcasts.
- I speak at gatherings, large and small including, most recently, Israel, Indonesia, India, the United States of America, and multiple nations in the continents of Europe, Africa, and South America.
- In the 2013 Uganda New Year's Eve rally, I was privileged to share a message of hope to the nation before a live audience of 100,000 +.
- Each opportunity to uplift and inspire is memorable for the hearts and souls that are healed and the bodies and minds that are empowered and renewed.

Healing & Impartation (Europe, Africa, Middle East, Asia, South & North America)

The God-breathed insights I am given to share leave their transforming imprint:

- South African women (many of them victims of domestic violence) comforted and strengthened by my personal story of arising
- Down trodden souls in Argentina, Columbia, Mexico, and Peru uplifted and empowered in the knowledge of their significant worth
- A prayer army assembled in Indonesia for the Middle East
- Slum districts in Mumbai blessed with resources and supernatural miracles
- Thousands in European nations called out of soul poverty into the spiritual birthright of Love
- These experiences of worldwide impartation are too numerous to describe here in detail. I am humbled to say that I've had the joy of ushering thousands of individuals into a personal relationship with the Father of all and a heightened awareness of Christ's Unconditional Love.

Books & Publications (Global)

- Over the past decade, messages focused on realizing identity, arising from oppression, recovering from trauma, freedom for captives, embracing diversity, and good news to the impoverished and poor in spirit have found productive expression through my literary publications and articles.
- It is my passion to help all become aware of their unique value and significance in the world, and the cocreative power that is innate within all of us.

ARISE (autobiography/teaching inspirational book)

- In *ARISE*, I weave anecdotes from my personal story of overcoming with faith-based teaching, life changing revelation, and practical steps to recovery and health. Readers are strengthened, transformed, and infused with courage through this relevant and transparently written book.

LOVESONG - Poems of Connection (poetry)

- *LOVESONG* gracefully articulates the heartfelt sentiments we so often long to express yet cannot always find words for. In the understanding that “what you cannot feel you cannot heal,” *LoveSong* leads readers on a journey of connection to pain and grief, hope and restoration, heart and soul, love and desire, and nature and God.

EDENSONG - Revelations of Identity (teaching/inspirational book)

- *EDENSONG* is a lifework of detailed study and research. It is a revelatory unfolding of Man’s beginnings, as portrayed in the Garden narrative, with careful focus given to the original languages and meanings of the scriptures. Through this reframed perspective of the Eden story (too often imagined through renaissance art and Dark Age rhetoric), Man’s extraordinary identity in origin, essence, and purpose is dynamically revealed.

- The sense of urgency to write this book was unquestionable. An identity crisis is pervading our planet. Multitudes of people are looking for love in all the wrong places, unsure of life’s meaning and where they fit in.

- *EDENSONG* opens our eyes to Man’s extraordinary identity and purpose in a way that grounds us in Love and helps life make sense. My prayer is for this game-changing content to find entrance into the hearts and minds of people all over the world, giving us opportunity to heal from our collective and individual traumas so the next generations won’t have to.

My Passion: Honor For Every Soul & Global Awakening

- When I was 24 years old, God “put the world” in my heart. I can honestly say it has never left. At the core of my being, I am a mother to the nations, nurturing their well-being (in compassionate prayer) with every fiber of mine.

- I have three grown sons and two precious granddaughters, each of them innovative creators and thinkers. I home-educated my children from kindergarten through high school in a challenging environment that called for significant personal courage.

- My passion for helping people lean into their strengths has never diminished or waned. I believe the starting block for happiness and success is an awareness of core identity and potential, developed (wherever possible) within an environment of honor.

- When people know who they are, where they come from, and why they’re here, they have a lease on life that can lead to courageous accomplishment; they are empowered to arise, shine, and create.

Testimonials from people I’ve had the joy of working with over the years

- Michele Francesca is a multi-talented artist and spiritual leader who I have been very privileged to know this past few years. Her relational level of creativity coupled with humility and compassion is a breathe of fresh air. She has a deep passion for excellence that is unsurpassed. She is devoted to and can find the beauty in any and every person. I would recommend her work, talent, and tenacity to those who may be considering her for anything she puts her mind to. Michele is a quality individual and I am a better person for knowing her. - Dr. Mark A Brown - Philanthropy Consultant

- “Michele is a deep well of grace and beauty and she will draw out and awaken not only the gifts and talents, but also the grace, beauty, and potential of anyone whose life she touches – as she did to mine!”

– Lisa Tabor, Teacher, Dallas, Texas

- “Michele’s coaching changed my life. I battled much insecurity before working with her. My heart longed for acceptance. I approached the classroom nervously, but Michele taught me principles that helped me to believe in, and connect with my true identity. A classroom should be a safe place for discovering what works and the environment Michele created was indeed that: fun, genuine, and safe. Her expertise and love for people make her classes one of a kind.” – Ashtyn Campbell, Instructor - Gateway Performing

Arts.

- “Michele owns the truths she shares and teaches from the heart. She has a wonderful ability to articulate, teach and present any topic she expounds upon with such ease and gentle persuasion that you cannot help but be transformed. My respect and appreciation for Michele has grown deep – she has marked my life.” - John Dawson – Business owner/entrepreneur.

- “It was obvious from the first moment I saw Michele and heard her speak that she was here to inspire the world. She was always so far ahead. She helped us connect with our own spirits and souls. She’s a genius. She lit us up. Michele never allowed her students to feel left out. She made space for us to interpret her directions and find our way. She allowed us to experience moments where we could touch our creative souls, and once a person does that, they truly know how to show up in this world as their authentic selves. Gratitude remains eternally in my heart for Michele - the magnificent, marvelous, and magical being that she is.” - Peter F. Director, Artist, Songwriter, Actor.

- “Michele has such a fan club here in London. She changed our lives and opened us up! We will never forget what she has done for us, and the debt we owe her for the success we now enjoy.” - Peter

Wheeler & Italia Conti Academy Students.

- “I have known Michele for several years and have worked with her on multiple projects. Each was a huge success directly as a result of her commitment to quality, vision, passion, communication, leadership and teambuilding skills. I’m pleased that she has extended her reach to benefit others via her excellent books and speaking engagements. I recommend Michele as a leader, a speaker, author, and uplifting person to work with on your next project.” - Scott Pickering,

CPA, MCSA - Senior Consultant at Tridius Tech - Business Analyst - Business Intelligence - Profit Improvement & Planning

Strategist.

- “It's truly an honor to recommend Michele as a life coach. I walked into Michele's class a little unsure of who I was. She not only restored my passion for my craft, but she healed my wounded identity that was hindering my calling. Michele teaches, corrects, and guides with grace and intention. Her wisdom and encouragement continue to transform you from the inside out for years to come.” - Andrea Bevill -

Executive Personal Assistant to CEO at Caelus Energy.

- “I had the honor of taking several months of classes with Michele. Not only did I come out of the classes a better actor, but I also came out a better person. Michele knows exactly how to strip you of your fears, doubts and insecurities. I truly felt accepted for who I am, and who I was made to be. To experience that through an instructor in the entertainment industry is RARE! Michele has been a huge blessing in my life and has reignited my passion for life!” - Marshall Wayland, Workshop Participant.

- "For more than two decades of my adult life, I struggled with debilitating insecurity and low self-esteem.

Michele’s workshops gave me the tools I needed to see myself in a new way, and to deal with my deepseated fears at their root. She knew how to bring out the best in me and helped me believe in myself from the inside out. Now, I am one of the most confident people I know. Megan S. Transformation Workshop participant, California, USA.

- “The classes I took with Michele Francesca Cohen made me a better performer, but they meant more to me than just sharpening a skill set. The exercises she lovingly presented helped plumb the depths of my soul, leading me to find personal healing. I also formed strong friendships with my classmates and had a lot of fun!” – Jeff Richards, Texas.

- "I learned through Michele’s classes how to share stories and profound messages with art. She took each of us to new levels of expertise while empowering us to stretch beyond our perceived limitations.

My work with Michele laid the foundation for my success in many endeavors. I will always cherish the years I spent learning from her!" - Bailey J, Former student.

- “Michele loves people unconditionally and seeks the guidance of the Lord in every circumstance. The depth to which she researches the subjects that she teaches ensures that she brings correct and Godly information to every class that she leads. I have attended multiple studies, and I am so amazed how

Michele helps people find their gifting’s and how she encourages them in their walk with the Lord.” – Beth Grobe, Dental Assistant, Hurst TX.

BOOK REVIEWS & COMMENTS

EDENSONG - Revelations of Identity

- Life-changing!

“The mysteries of our existence and the purpose of our lives are unfolded through the writings in this book.” - Amy Meyer - Author & International Speaker

- Masterfully Worded!

“Michele's book is masterfully worded, but what I love here is the "Ruach" life of God I sense in the words... Michele's book "opens a door of utterance." Welcome to a new aeon where you will no longer be at war with yourself!” - Solomen Aether

- Empowering!

“I love this book! Michele powerfully explains Man’s extraordinary identity by taking us back to the original Hebrew language in the story of the Garden of Eden. It breaks old religious myths about our identity that have no biblical basis and empowers us to realize our full potential in God. I am so encouraged!” – J Mashelle Hudspeth, Executive Assistant

- Incredible Author!

“I was truly looking forward to this book coming out! Michele is so insightful and a bright shining light in

God's Kingdom. This book will truly be a blessing to anyone that reads it. I highly recommend it!”

-

William. C.

ARISE

- Terrific!

“Terrific style and even better content, ARISE is a compelling book with gripping stories and insightful application that will lead you to a critical intercession of decision.” - Lawrence Swicegood – Senior

Communication Specialist & White House Advance Team Member for President Bush (1988-1992)

- Authentic!

“I love the authenticity of her story and how relatable she is! It really touched me in a deep way and helped me form a new positive perspective for my own lifetime of brokenness that brought me a new level of healing. I highly recommend this book!” – Janice M. James

- Transparent!

“Ms. Cohen's true transparency, firm challenges, and experience with the transforming power of Jesus

Christ allow the reader a front row view of faith and relationship as they were meant to be. If you are ready to, finally, move beyond all the distractions of the current culture and embrace who you are in Christ, this is the book to read and re-read. ARISE will free you to truly ascend to new heights in faith and life. You will be blessed.” - Joan O’Brien

- Transforming!

“ARISE addresses the essence of who you are that, once revealed, will set you on a new trajectory for your life – one of thriving in your God-given purpose and destiny.” - Rev. Alistair Howie, M.A. – Lead

Corporate Chaplain and Founder of Chaplain 360.