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Dr. Sofia Beloka is the Founder of Global Influencers Academy, international Mentor, Speaker, Academic, Author. The Global Influencers Academy is a professional development institute for high achievers and leaders who desire to create their global impact with their work, life-changing Leadership Performance and fulfill their relationships.

Sofia's work has been awarded among the 100 most Inspirational Women of the world by the 'Women Appreciate Women'. She has also been awarded various grants for her research academic work. She has been working with high performers, politicians, elite athletes, coaches & healers to transform their lives for over 20 years through her holistic transformational method — The Triad Foundation. She teaches this groundbreaking method in both group workshops and also in 1:1 coaching programs and helped high achievers transform and leap in their health, transform business, finance, and relationships by growing their human super potential to dimensions they could not imagine they ever could. She healed and overcome her own autoimmune pathology using these same methods transforming her life and has since gone on to treat people experiencing challenges that block their lives.

Through her long research and academic background in Physiology, Behavioral mentoring, Personal Development, Spiritual Marketing, International Coaching, Speaking, Publishing and her involvement with the Paralympic Sports movement and Paralympic Games she delivers a life-changing experience in her programs and transforms the relationship with the self and the world.

Sofia started her mentoring and coaching business 12 years ago and successfully led many transformational programs, such as Health win, Holistic Lifestyle for Chronic Pain, Thyroid Healing, Uplifter of Chronic Pain, High Performance for Relationships and Business. Currently her Triad Foundation 1:1 program for successful leaders and performers and achievers transforms their foundational sources and boosts their relationships to completely transform both their 6-figure business and their personal fulfillment. Her work has landed publications in highly scientific journals and has published books, she has been collaborating with European Commission, Harvard University, Olympic Organizing Committees, International Wheelchair Rugby Federation and wellbeing programs.

Sofia is grateful to have been traveling the world through her work, speaks 8 languages and loves to communicate with various cultures exchanging cultural experiences. Sofia is

Greek and with her Italian husband when not traveling is based in the European capital of Brussels.